



## Metis Living

Katherine Burelle

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The world isn't for you,  
It is you.  
An extension of your being.  
Through the lens of creation,  
Can you hear the fast beating?  
Unanimous symphonies  
The souls' palpitations.  
You can hear it in the trees.  
You can feel its vibrations.  
In each dandelion seed,  
To the spirits of the wind  
And our mycelian feet.  
It's all around us,  
When you listen is when you see,  
The souls' palpitations  
Is our synchronicity.

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## Biography

My name is Katherine Burelle, and I am a proud Red River Metis citizen and a single mother living in rural Manitoba. After overcoming the most difficult year of my life, I have found outlets that have helped me persevere and see the beauty all around me. Spending time in nature has provided me with the grounding and inspiration found in my poetry and artwork. I work full-time for the Manitoba Métis Government and live in a village rich in our culture and heritage. I hope that my poetry can reach someone who is facing vulnerability in their life and promote the Métis values of oneness with nature and our ability to overcome challenges. Our generations have persevered, and so will we.

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